

GREEN 2

AUTUMN TERM 2019



WHAT THE PLAYERS WILL LEARN

- Dynamic movements which encourage good posture and balance.
- Sidestepping and other footwork patterns.
- Throwing with a variety of height, pace, speed and distance.
- Two ball juggling and other ball skills.
- Serving with a full overarm action and good ball toss.
- To approach the net and hit a basic volley or smash.
- Hitting forehands and backhands with good swing shape and control.
- Rallying with a partner or coach.
- Be a scorer for a singles match with other players.
- Rallying with a partner with good shots and moving the opponent.
- Understand all the basic rules of the game.
- Play a tie break singles match and doubles match and calling the score.
- Good sportsmanship and match manners.

Players can move to Green 1 when they can regularly achieve a 20 shot rally (10 shots each) and play and score a singles and doubles match. An older player may move directly to a Junior 3 or 2.

PERSONAL BESTS (PB's)

The coaches will occasionally set the players a skill task which will be scored and the players will receive a 'My PB' sticker. Please ask your player about the task so you know how they are progressing. Stickers are also awarded for good effort and fair play.

COMPETITION

Competition features in every lesson with some counting, scoring or points. There will be 2 sessions dedicated to competition on:

Week beginning Monday 14th October

Week beginning Monday 9th December

Green 2 players are encouraged to play in additional competitions outside lessons. They are a great way to improve more quickly. Competitions exclusively for BTC Green 2 players are:

1. BTC Green Match Practice – Sunday 29th September 14:30 – 16:30

How to enter: Please visit the BTC Reception or call 01689 880407 to book your child in.

Additional open competitions for Green 2 players are:

1. Parklangle Mini Green Match Play (G2-G4 Ratings) Mixed 10&U Singles Grade 6, Saturday 28th September
2. National Tennis Centre Boys 10&U Singles Grade 6, Sunday 6th October

3. National Tennis Centre Boys 10&U Singles Grade 6, Sunday 20th October
4. National Tennis Centre Autumn Open 2019 Boys & Girls 10&U Singles Grade 6, Saturday 26th October
5. Old Wilsonians Match Play Mixed 10&U Singles Grade 6, Sunday 17th November
6. South East Match Play Greens Frindsbury LTC Mixed 10&U Singles Grade 6, Saturday 23rd November
7. National Tennis Centre Boys & Girls 10&U Singles Grade 6, Sunday 1st December

How to enter: Please visit the LTA website (www.LTA.org.uk/Competitions/Search) to enter and for further information. Other tournament options can also be found here.

PARENT 'DROP-IN'

Parents are invited to drop into the following sessions. Go down to court 15 minutes before the end. While players are enjoying their tennis, the coach will talk to you about what they have been learning and how they are progressing.

Week beginning Monday 9th December

Week beginning Monday 16th December